

We hope you are all keeping busy, completing the homework tasks we set. This term, we hope you will enjoy finding out about Ancient Egypt and in Science, learn about Plants.



We're always here to help so if you have any questions regarding anything please email us at:

[wt.y3homelearning@perryhallmat.co.uk](mailto:wt.y3homelearning@perryhallmat.co.uk) and we'll get back to you.

We are looking forward to hearing from you all about how your home learning is going.

#### Mindfulness:

During this time at home, our mental health and wellbeing is even more important. Why not try some daily meditation and yoga exercises?

Meditating for just a few minutes a day has proven to reduce stress, boost our immunity, help our memory and concentration, and reduce our anxiety. Here are some useful websites:



<https://www.youtube.com/watch?v=64QzBuhsyuk>

<https://www.youtube.com/watch?v=oyI3qukcTil>

<https://www.youtube.com/watch?v=xlg052EKMtk>

#### **Dear parents ...**

#### **Corona Virus updates**

All updates can be found on the school website where there is a link to the latest advice from the government.

[https://](https://www.perryhall.co.uk/coronavirus-advice/)

[www.perryhall.co.uk/coronavirus-advice/](https://www.perryhall.co.uk/coronavirus-advice/)

and

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

## **Woodthorne News**

### **Year 3**

Monday 20th April



Hi Everyone - parents and children,

We hope you are all well and staying safe. Welcome to our Year group newsletter during the school closure period.

We are sending a newsletter to keep you up to date with home learning, celebrate achievements and share news. Send us your photos, pictures, ideas and news through your year group email. We would like every child to contact us at least once a week.

**Practise social distancing**



**Self-isolate with cough or fever**



**Wash hands regularly**

## **catch it, bin it, kill it**

**If you need to cough or sneeze**



**You should wash hands with soap & water or hand sanitiser**



✓ Try not to touch your eyes, nose, and mouth with unwashed hands

✓ Do not share items that come into contact with your mouth such as cups & bottles

✓ If unwell do not share items such as bedding, clothes, pencils & towels

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Email address: [woodthorneprimaryschool@wolverhampton.gov.uk](mailto:woodthorneprimaryschool@wolverhampton.gov.uk)

Headteacher: Mr T Hinkley

Hello Year 3

We hope you are all well and staying safe. Thank you to all the children and parents who have shared the wonderful things they have been doing at home. It's been great to see how creative you have been. We would love to see photos and pictures of what you have been up to through the year group email. We would like every child to contact us at least once a week. Keep safe and keep smiling.  
Miss Mahay, Mrs Weston and Miss Edwards



#### **Here are some useful websites for you to use at home:**

<https://readon.myon.co.uk/library/browse.html>

<https://home.oxfordowl.co.uk>

<https://www.youtube.com/user/thebodycoach1>

<http://www.pobble365.com/>

<https://www.natgeokids.com/uk>

<https://readtheory.org/>

<https://www.twinkl.co.uk>

#### **Home Learning:**

We would like to know how you are getting on with your home learning activities. Please can you send in photos of some of the activities you have completed, so we can celebrate your successes.

