



Hi there! We hope that you and your children are all OK and getting used to the 'new normal'. However, we understand that these are challenging times for many of you and that some of you may be in need of support, some ideas to help your children cope or just to know that we're there for you. If so, please do let us know by contacting us via your child's **year group email address** with **inclusion Team** as the subject, or by phoning 01902 558544 during school hours. We might not be able to answer straight away, but we'll respond as soon as we can. **Mrs Perry, Mrs Marsden, Miss Edwards and Mrs Pocock**.

## Here are some resources for children:

- <u>A guide to answer children's ques-</u> tions about coronavirus.
- <u>Some fun activities for kids.</u>
- Ideas to help your child if they're feeling sad or lonely.

**Botany adventure:** Go outdoors with a pencil and paper. Look really closely at the plants you can see. Sketch some pictures. Get your parent/carer to join in and have a go too! We'd love to see the finished results.



## Some resources for parents:

- https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-
- wellbeing/ a guide to coronavirus and your well-being.

https://www.moneyadviceservice.org.uk/en/articles/coronavirus-and-your-money a

guide to managing your money if you are struggling financially.

https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-suppport-

children-families-parents/ advice and support for parents and carers.