



# Reception Homework



Week 7  
Colour



We hope you enjoy the colour and birthday activities this week, feel free to add any of your own ideas. Please remember to save your work for us and keep adding as much as you can to your scrap books.

There is also an additional page with the Woodthorne 60th Birthday Celebration ideas on.

Most important of all please remember to have fun and stay safe.



## Physical Development

Make fruit kebabs using as many different coloured fruits as you can. Talk about why fruit is good for you and which other foods are healthy or not healthy. What makes a balanced diet and why is this important?



Use coloured objects to place in different parts of the garden then ask an adult to shout out instructions for you to move to the different colours such as: "run to red" "crawl to green".

## PSED

Join in with rainbow yoga on 'Yoga with Adriene' on Youtube.



Talk about all the different ways we can feel. Can you think about what makes you have different feelings or an example of when you have felt a certain way and why that was? Share your ideas with your family.

## Maths

Make some rainbow cookies or cakes, follow a simple standard recipe but add sprinkles or food colouring and look at the colours in your cookies or cakes.



Measure the ingredients using scales, cups or spoons look at the different weights and measurements for the ingredients.

You could estimate the weight and then see if your guess was right.

## Literacy & Phonics

Have a go at writing lists of as many different objects as you can think of, that are a certain colour. Which is the longest or shortest list?



Could you write a story about a rainbow? Use lots of describing words and see if you can remember your capital letters, full stops and finger spaces.



Remember to use your phonic knowledge as you write. Listen carefully for all the sounds in the words you are trying to write. Which tricky words can you remember and recognise?

## Design & Make

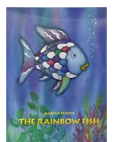
Make ice pop paints, freeze paint and water or food colouring with a lolly pop stick or similar in the middle. Once they have frozen you can use them to paint with. What happens when the colours mix, do they change?



Collect coloured items from all around your house and create a giant rainbow on the floor. You could even try this with leaves and petals from the garden, to make a smaller rainbow.

## Books and websites

Elmer the Elephant  
The mixed up Chameleon  
Brown Bear, Brown Bear  
Rainbow Fish  
The Colour Monster  
The Day the Crayons Quit



We have also set activities for you on Purple Mash