Advice for Families about Enhanced Testing Requirements

Which test?	Household Implications	What next?
Feeling fine and well Make testing part of your routine and take a Lateral Flow Test (LFT) twice a week	None - unless LFT result is positive	Positive – Case and household isolate for 10 days and case gets a confirmatory PCR test within 24 hours Negative – carry on as normal
*Reporting your child's sickness absence? Social contact must be limited, and the child should stay at home apart from going to get a free PCR (polymerase chain reaction) test	None - unless PCR test result is positive	Positive – Case and household isolate for 10 days. All household gets a PCR test within 24 hours Negative – return to setting when feeling well
**Got Covid-19 symptoms? You must self-isolate and get a free PCR (polymerase chain reaction) test	Yes Household required to isolate for 10 days or until a negative PCR test result	Positive – Case and household isolate for 10 days from first day of symptoms. All household gets a PCR test within 24 hours Negative – isolation ends
*If no test taken, return to setting only after 48 hours of feeling well ** If no test taken, case and household complete a full 10 day isolation period		

Links to the following sites are here: -

Ordering LFT https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests Recording LFT results https://www.gov.uk/report-covid19-result Booking a PCR Test https://www.gov.uk/get-coronavirus-testadd