



3rd May 2022

Dear Parents/Carers of Year 4 and Year 6

HEALTH RELATED BEHAVIOUR SURVEY 2022

Our school, along with many others across the City, has agreed to participate in a very important Health Behaviour Survey amongst children and young people. We have been asked to take part in order to support the work of the Local Authority and Public Health Team. Furthermore, we also stand to benefit through our participation in the survey by obtaining opinions from our pupils so we can improve our provision for them.

Previously, the survey data in schools has also been used in a variety of ways including:

1. As a starting point for discussion in classroom activities or lessons.
2. To improve work on the health and well-being of pupils.
3. To support the development of professionals and schools.
4. As a beginning for further enquiry to strengthen existing programmes or curriculum, e.g. PE, Healthy Eating etc.
5. To help schools track their progress.

The survey method that we are using has been developed by the Schools' Health Education Unit, Exeter and has been in use now for over 40 years. Over 3000 schools across the country have taken part, many of them regularly repeating the survey. The age appropriate questions concern a wide range of health behaviours, for example:

- Home and family
- Relationships, emotional health and well-being,
- Tobacco, Alcohol,
- Leisure and money
- Healthy Eating
- Exercise
- Drugs

The Local Authority and Public Health Team will also have a reliable database upon which it can objectively plan provision for children and young people. Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. The Local Authority and Public Health Team will not use data to identify individual pupils or individual schools in its wider reporting.

I hope you will agree with us that this is an exercise, in which we wish to co-operate fully, that will be of real benefit in helping to shape provision for our pupils.

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If you have any queries regarding the survey, then please contact the school office.
The survey will be carried out in the next week or so before May 17th.

Thank you for your support.

Yours faithfully,

T Hinkley
Head teacher